Medical Policy

Session 2026-27

Reviewed in April 2026

Next review March 2027

Reviewed by Principal, SLT's, Nurse



AL AMAAL ENGLISH HIGH SCHOOL, SHARJAH
MEDICAL POLICY (2026-2027)

Introduction

The health and safety of students at Al Amaal English High School is of great importance. The school clinic is well staffed with a part-time medical doctor and two full-time nurses registered and licensed with the Sharjah Health Authority. If children are unwell while at School, they will be cared for at the clinic until collected by a parent or guardian. The clinic team provides first aid to sick and injured pupils during school hours and during the after-school activity time on the school campus. The clinic administers medicines with parent's consent and refers pupils for follow up with medical practitioners or to emergency services if needed.

Our aim is that we abide by the guidelines in this policy which is used for the prevention of infection within the school. We endeavor to work in partnership with our parents to meet the aims set out in this policy and the best interest of the child is considered at all times.

The aims of this policy are:

- For parents to be aware of how to notify the school if children, who normally attend the school, have been unwell and will not be attending on that day.

- For staff to know what to do if they suspect a child is unwell or has an infectious disease.

- To give guidelines for communicable diseases and illnesses within the school and the actions to be taken.

The following are a few helpful School clinic policies which are in line with School Health Guidelines:

Policy on Administration of Medication

•The clinic is well stocked with necessary medicines which will be dispensed to those in need after parents have been contacted. **If the parents are not reachable, the school doctor will advise and registered nurse will administer appropriate treatment.**

• If your child has had any medicine (e.g. Panadol) before coming to school, it is of vital importance that the Teacher/School nurse is informed of the time and dose given. If the nurse feels the child requires another dose during their day at school. We will recommend that they are taken home.

• If a medication has to be given during school hours, a doctor's prescription is required with the medicine in original packaging, well labelled with the name and class of the child, the dosage and the timing. The parent/guardian should deliver the medicine to the clinic and sign the consent form available in the clinic.

. • If your child has a condition such as allergies, asthma, epilepsy or diabetes, please provide labeled emergency medicine (Epi-pen, inhalers, anti-epileptic, Insulin, etc.) to the school clinic.

• Children are not allowed to carry medicines (with the exception for asthma inhalers) in their bag with their name on it and should only take medicine in supervision of a school nurse.

Physical Examination

As part of the School Health clinic regulations the school doctor is required to conduct a non-invasive medical examination that includes screening of vision and hearing and head to foot examination of pupils.
The results of the examinations are documented in the Student Medical Record. Any findings requiring additional follow up or referrals will be reported to the parents using the referral form or via email.

Medical Forms

Prior to your child's admission to the school, you will be required to complete the medical forms available in the clinic. It is important that the school is made aware

of any medical condition that your child has or if they are receiving any medication.
Please update the clinic if any change in your child's medical/surgical history or any recent allergies discovered and of any change in your contact details.

Chronic Disease

Student with chronic disease like chronic Asthma, Diabetes and cardiac problems etc must inform the clinic upon admission to school. They must submit detailed medical record and treating doctor's fitness certificate prior to commence onsite learning. **Parents must provide the emergency medicine for the same condition to school clinic as per the requirement. Undertaking letter must be signed by the parent upon admission or soon after the newly diagnosed condition.**

Accidents and Emergency

In case your child requires emergency treatment, efforts will be made to contact the parent. The **school doctor/nurse** will administer appropriate emergency treatment and **if needed an ambulance** will be called to transfer your child to the hospital. **The hospital transfer and hospital expenses must be the responsibility of the parents. School will not take the responsibility of such matters.**

Parent /guardian will be notified if:

- Face or head injury
- Episode of seizure
- Suspected fracture or dislocation
- Moderate to severe bruises
- Cut requiring sutures, or may leave scars
- Moderate to severe bleeding
- Loss of consciousness or fainting
- Diarrhea
- Asthmatic attack
- More than one time vomiting
- Communicable Disease
- First episode of epistaxis
- High fever

Ambulance protocol

Inform the parent /guardian of the victim before calling the ambulance
If the parent /guardian are unreachable, call the ambulance immediately without further delay.
No need to wait for parents /guardian permission to call the ambulance in life threatening condition.
Medical team will assess the victim and apply necessary first aid.
Medical team will decide if the victim need to be transferred to hospital by ambulance or his/her parent or guardian.

Call ambulance for the following confirmed cases and follow ambulance protocol:

Severe head injury
Epilepsy
Severe Bleeding
Unconsciousness
Diabetic emergencies
Severe eye injury
Severe hypertension and heart problems
Multiple fracture

Immunization

Parents are required to submit updated vaccination documents to the clinic for record purposes prior to the start of school. The nurse will check the vaccination record and let parents know if any vaccination of their child is due. Students from Grade1 and Grade11 will be provided with the vaccine booster dose as advised by Ministry of health and prevention if not completed earlier. Apart from the regular school vaccine, school also conducts vaccination campaign according to SPEA and EHS guidelines. Vaccine must be administered after receiving the duly filled informed consent form and other required documents.

Sickness Policy

Fever: Children with a temperature above 37.5 C should be rested at home. A sick child is not able to function effectively in school and should rest at home until fully recovered. If a child develops fever during school hours, parents will be contacted and requested to take the child home. Students may return to school if they are Afebrile for 24 hours without using fever-reducing medications such as Panadol, Adol, Brufen etc.

Contagious illness

The Ministry of Health has clearly documented guidelines for those conditions which require exclusion from the school.

The conditions commonly seen are: Conjunctivitis, Chicken pox, Gastroenteritis, Hand Foot and Mouth Disease, Measles, Mumps, Covid-19 etc. However, the list is not limited to the above-mentioned conditions.

If a student develops vomiting and/or diarrhea, he/she should be seen by a doctor and rest at home for the duration of illness or if necessary, admitted to the hospital. Children with conditions that require exclusion from the school like Covid-19 chicken pox, measles, mumps, and conjunctivitis should be rested and cared for at home and may only return when they are no longer contagious. The infectivity period for each condition varies. Class teacher must be notified and student's condition must be communicated to school clinic. A **medical certificate stating that he/she is physically fit to join the school** from the attending physician must be provided.

Communication with parents

Parents will be notified by phone or email regarding their child's health status, medication administration or emergencies.

Headlice Policy

Student with headlice will not be permitted to attend school until the condition is treated. Parents will be notified and follow instructions from school clinic.

